

# Rialto Unified School District

Oct 1, 2024 thru Oct 4, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 10/01/2024																
High School Lunch	Total	3199														
Penne, Alfredo, Chicken '23	3/4 CUP	900	203	79	411	6.29	1.47	108.8	86	1.73	*2	15.8	20.12	5.55	1.49	*0.04
BROCCOLI: fresh, boiled	1000 serving	1000	55	0	64	5.15	1.05	62.4	2415	101.24	2	3.71	11.2	0.64	0.12	0.00
Chicken, teriyaki, Fried R.2017	1000 serving	700	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	700	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	500	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	1 serving	900	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	5000	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	1 package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	1 serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	1 serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1199	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	1 PKG	100	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	1 PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	100	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	1 OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	1 PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	1 PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	1 PKG	1000	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			813	73	1175	365.88	4.71	630.3	6639	83.32	*58	36.10	135.22	15.64	4.75	*0.04
% of Calories											*28.4%	17.8%	66.5%	17.3%	5.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Oct 1, 2024 thru Oct 4, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 10/02/2024																
High School Lunch	Total	2895														
ENCHILADA,SCRATCH,beef24ct '22	1 Ser(25 ct	800	247	48	390	1.40	1.22	231.1	564	1.58	*1	13.82	15.68	14.37	6.80	*0.17
SALAD,CHEF	1 EACH	200	549	172	1422	3.03	3.73	218.7	2224	27.19	*14	29.17	36.39	35.02	8.89	*0.00
Chicken, teriyaki,Fried R.2017	serving	200	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	200	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	200	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	600	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Beans, Great North, Seas-'24	1/2 CUP	500	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	3000	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	3000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	5000	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	5000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			863	57	1120	11652.	2.99	474.6	8310	57.18	*77	26.54	155.73	19.08	5.98	*0.09
% of Calories											*35.8%	12.3%	72.2%	19.9%	6.2%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Oct 1, 2024 thru Oct 4, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 10/03/2024																
High School Lunch	Total	3195														
SANDWICH, CHX PARM '23	1 EACH	600	437	48	910	6.19	4.80	317.4	676	93.53	*4	29.73	48.7	14.45	5.03	*0.00
Chicken, teriyaki,Fried R.2017	serving	200	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	1 EACH	600	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	500	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1000	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	100	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	150	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	150	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	1500	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	1500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1195	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			810	61	1256	10551.	4.36	720.2	4549	61.85	*47	37.06	126.89	20.41	6.89	*0.06
% of Calories											*23.3%	18.3%	62.7%	22.7%	7.7%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Oct 1, 2024 thru Oct 4, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 10/04/2024																
High School Lunch	Total	3199														
BURRITO,WET TKY COMBO-2021	SERVING	500	485	32	911	11.81	*3.63	*350.0	1140	*1.58	*4	23.57	60.58	14.86	4.60	*0.00
Salad, TACO '22	1 each	400	739	91	1106	6.73	4.17	496.0	1787	9.91	*6	28.08	49.18	50.31	14.66	*0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	522	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	522	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	467	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	2000	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	2226	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	825	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1122	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	775	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			792	64	1293	7820.2	*4.12	*791.4	5204	*40.53	*48	37.36	116.25	22.58	6.84	*0.04
% of Calories											*24.3%	18.9%	58.7%	25.7%	7.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			820	64	1211	7597.6	*4.05	*654.1	6175	*60.72	*58	34.26	133.53	19.43	6.11	*0.06
											*63.2%	16.7%	65.2%	21.3%	6.7%	*0.1%

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Portion Size    Reimb Qty    Cals (kcal)    Cholst (mg)    Sodm (mg)    Fiber (g)    Iron (mg)    Calcm (mg)    Vit-A (IU)    Vit-C (mg)    Sugars (g)    Protn (g)    Carb (g)    T-Fat (g)    S-Fat (g)    Tr-Fat<sup>1</sup> (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	820		750 - 850	100%				
Cholesterol (mg)	64							
Sodium 1 (mg)	1211		1420	85%				
Sodium 1a (mg)	1211		1280	95%				
Fiber (g)	7597.68							
Iron (mg)	4.05				Missing			
Calcium (mg)	654.1				Missing			
Vitamin A (IU)	6175							
Sugars (g)	58	28.10%			Missing			
Vitamin C (mg)	60.72				Missing			
Protein (g)	34.26	16.72%						
Carbohydrate (g)	133.53	65.17%						
Total Fat (g)	19.43	21.33%	<=30.00%					
Saturated Fat (g)	6.11	6.71%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.06	0.06%			Missing			

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# Rialto Unified School District

Oct 7, 2024 thru Oct 11, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 10/07/2024																
High School Lunch	Total	2895														
CHICKEN FAJITA / W/RICE 2022	SERVING	500	356	40	609	7.21	4.94	109.3	718	2.89	*0	20.61	51.52	7.74	1.17	*0.00
PROTEIN BOX MIDDLE SCHOOL 2017	1 EACH	200	568	27	804	5.21	1.35	269.4	902	8.87	*16	17.63	46.84	37.41	9.42	*0.00
Chicken, Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki, Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
PIZZA, DOMINOS 14" WGPep, slice '24	serving	800	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES, Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.0	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	1000	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	550	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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# Rialto Unified School District

Oct 7, 2024 thru Oct 11, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			781	54	1253	1563.4	4.05	628.3	5055	43.49	*42	35.10	121.84	18.28	5.20	*0.01
% of Calories											*21.4%	18.0%	62.4%	21.1%	6.0%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Tue - 10/08/2024																
High School Lunch	Total	3199														
PRETZEL DOG 2013 WG	1 EACH	500	300	35	780	5.00	5.00	132.0	55	0.0	6	20.0	41.0	6.5	2.00	0.00
Salad, TACO '22	1 each	200	739	91	1106	6.73	4.17	496.0	1787	9.91	*6	28.08	49.18	50.31	14.66	*0.00
Chicken, teriyaki, Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	1100	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	325	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	700	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 7, 2024 thru Oct 11, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			754	61	1181	3869.1	4.06	642.9	4840	44.72	*45	34.30	116.32	17.24	5.21	*0.01
% of Calories											*24.1%	18.2%	61.7%	20.6%	6.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Wed - 10/09/2024																
High School Lunch	Total	2895														
CHEESEBURGER, W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Wrap, CRUNCHY CHICKEN '23	1 EACH	300	589	96	1346	8.54	3.05	477.4	6123	10.06	*7	29.52	50.04	31.96	10.28	*0.00
Chicken, teriyaki, Fried R.2017	serving	200	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken, Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
PIZZA, DOMINOS 14" WGPep, slic e'24	serving	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
GARDEN SALAD-2014	1 EACH	1300	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	1000	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	1300	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES, Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	2000	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	700	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	675	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			767	57	1391	2727.3	3.84	734.0	5562	74.87	*48	35.97	120.17	17.91	5.70	*0.04
% of Calories											*24.8%	18.8%	62.7%	21.0%	6.7%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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Rialto Unified School District

Oct 7, 2024 thru Oct 11, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 10/10/2024																
High School Lunch	Total	3195														
Chile Verde-2022	3 oz	700	389	100	650	1.85	2.46	123.5	991	11.98	*1	36.68	34.04	12.01	2.71	*0.00
POTATO FROZEN,FRNCH-2017	SERVING	700	80	0	27	0.67	0.48	0.0	0	0.0	0	1.33	13.33	2.33	0.33	0.00
Chef Salad 2017	1 EACH	400	502	134	975	4.26	1.60	195.6	1519	8.97	*19	18.01	47.66	28.54	7.37	*0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Chicken,Tangerine Sec-'23	400	296	45	575	3.51	2.89	0.0	65	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	100	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	150	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	150	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1195	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	500	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Tajin, Chamoy 2022	PKG	700	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	700	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	800	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			744	81	1194	1766.9	3.35	573.6	4760	43.71	*40	36.15	110.87	18.24	5.24	*0.01
% of Calories											*21.7%	19.4%	59.6%	22.1%	6.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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# Rialto Unified School District

Oct 7, 2024 thru Oct 11, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 10/11/2024																
High School Lunch	Total	2895														
Chicken Fajita-MD-2024	1 each	600	665	91	1137	12.02	7.00	400.4	1243	5.7	*2	34.59	79.87	25.49	8.59	*0.00
Spicy Tuna Box 2024	1 each	400	383	50	818	5.71	4.46	163.9	3061	49.81	*13	32.49	44.48	11.55	3.53	*0.00
Chicken, teriyaki, Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	400	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	400	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Beans, Great North, Seas-'24	1/2 CUP	215	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	550	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	200	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	635	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	500	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	225	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			792	63	1199	1563.9	4.78	650.7	4248	49.16	*41	37.82	123.76	18.10	5.89	*0.03
% of Calories											*20.7%	19.1%	62.5%	20.6%	6.7%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Rialto Unified School District

Oct 7, 2024 thru Oct 11, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average			768	63	1244	2298.1	4.02	645.9	4893	51.19	*43 *50.7%	35.87 18.7%	118.59 61.8%	17.95 21.0%	5.45 6.4%	*0.02 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	768		750 - 850	100%				
Cholesterol (mg)	63							
Sodium 1 (mg)	1244		1420	88%				
Sodium 1a (mg)	1244		1280	97%				
Fiber (g)	2298.18							
Iron (mg)	4.02							
Calcium (mg)	645.9							
Vitamin A (IU)	4893							
Sugars (g)	43	22.53%			Missing			
Vitamin C (mg)	51.19							
Protein (g)	35.87	18.69%						
Carbohydrate (g)	118.59	61.79%						
Total Fat (g)	17.95	21.05%	<=30.00%					
Saturated Fat (g)	5.45	6.39%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.02	0.02%			Missing			

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Rialto Unified School District

Oct 14, 2024 thru Oct 18, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 10/14/2024																
High School Lunch	Total	2895														
CHEESEBURGER MINIS-2023	SERVING	500	272	31	475	2.39	3.09	114.2	79	10.3	3	19.7	29.82	9.16	3.00	0.00
PROTEIN BOX HIGH SCHOOL 2013	1 EACH	200	597	214	832	6.71	3.36	305.8	3173	12.46	*6	21.79	40.71	43.43	10.94	*0.07
Chicken, Tangerine Sec-'23	SERV	300	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki, Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
PIZZA, DOMINOS 14" WGPep, slic e'24	serving	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	700	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES, Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	1122.2	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	500	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	500	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Oct 14, 2024 thru Oct 18, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			762	67	1200	1562.9	4.05	601.0	5298	39.80	*42	36.05	115.29	18.57	5.60	*0.01
% of Calories											*22.2%	18.9%	60.6%	21.9%	6.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Tue - 10/15/2024																
High School Lunch	Total	3199														
Wings & Mac '23	SERVING	500	786	230	2159	0.47	1.04	711.4	2314	0.53	*20	51.85	39.43	46.57	18.00	*0.00
Salad, TACO '22	1 each	200	739	91	1106	6.73	4.17	496.0	1787	9.91	*6	28.08	49.18	50.31	14.66	*0.00
Chicken, teriyaki, Fried R.2017	serving	200	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	1100	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.0	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	775	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	700	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	1400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	1000	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Oct 14, 2024 thru Oct 18, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			768	84	1286	3868.1	3.28	621.0	4702	43.82	*42 *22.1%	34.97 18.2%	107.68 56.1%	22.47 26.3%	7.19 8.4%	*0.01 *0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Wed - 10/16/2024																
High School Lunch	Total	2895														
Chicken, teriyaki, Fried R.2017	serving	700	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Wrap, CRUNCHY CHICKEN '23	1 EACH	300	589	96	1346	8.54	3.05	477.4	6123	10.06	*7	29.52	50.04	31.96	10.28	*0.00
Chicken, Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
PIZZA, DOMINOS14* WGPep, slic e'24	serving	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
GARDEN SALAD-2014	1 EACH	1300	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	1000	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	1300	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES, Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	2000	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	700	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	550	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			790	63	1249	2727.6	3.92	701.6	5988	75.93	*48 *24.5%	37.74 19.1%	123.70 62.6%	17.57 20.0%	5.32 6.1%	*0.01 *0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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# Rialto Unified School District

Oct 14, 2024 thru Oct 18, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 10/17/2024</b>																
High School Lunch	Total	3195														
TACO SALAD	SERVINGS	700	288	42	410	2.57	2.30	113.0	595	5.0	*2	17.08	21.54	15.18	4.68	*0.70
POTATO FROZEN,FRNCH-2017	SERVING	700	80	0	27	0.67	0.48	0.0	0	0.0	0	1.33	13.33	2.33	0.33	0.00
Chef Salad 2017	1 EACH	500	502	134	975	4.26	1.60	195.6	1519	8.97	*19	18.01	47.66	28.54	7.37	*0.00
Chicken, teriyaki,Fried R.2017	serving	500	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Chicken,Tangerine Sec-'23	SERV	500	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	100	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	150	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	150	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1195	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH#2-HS/MS	OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			796	83	1119	10549.	3.79	585.0	4901	41.86	*43	34.77	116.69	22.14	6.31	*0.18
% of Calories											*21.8%	17.5%	58.6%	25.0%	7.1%	*0.2%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Oct 14, 2024 thru Oct 18, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 10/18/2024																
High School Lunch	Total	2895														
Chicken & Waffles, WG 2024	Serving	600	395	34	635	4.00	3.08	40.0	182	87.0	20	19.0	60.06	10.0	2.00	0.00
Spicy Tuna Box 2024	1 each	500	383	50	818	5.71	4.46	163.9	3061	49.81	*13	32.49	44.48	11.55	3.53	*0.00
Chicken, teriyaki, Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	600	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Beans, Great North, Seas-'24	1/2 CUP	215	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	550	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1895	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1250	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	524	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			810	60	1177	4858.7	5.09	653.9	3924	68.22	*46	39.34	129.57	18.45	5.41	*0.04
% of Calories											*22.6%	19.4%	64.0%	20.5%	6.0%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average			785	71	1206	4713.3	4.03	632.5	4963	53.93	*44 *50.9%	36.58 18.6%	118.59 60.4%	19.84 22.7%	5.97 6.8%	*0.05 *0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	785		750 - 850	100%				
Cholesterol (mg)	71							
Sodium 1 (mg)	1206		1420	85%				
Sodium 1a (mg)	1206		1280	94%				
Fiber (g)	4713.38							
Iron (mg)	4.03							
Calcium (mg)	632.5							
Vitamin A (IU)	4963							
Sugars (g)	44	22.64%			Missing			
Vitamin C (mg)	53.93							
Protein (g)	36.58	18.63%						
Carbohydrate (g)	118.59	60.42%						
Total Fat (g)	19.84	22.74%	<=30.00%					
Saturated Fat (g)	5.97	6.84%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.05	0.06%			Missing			

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# Rialto Unified School District

Oct 21, 2024 thru Oct 25, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 10/21/2024</b>																
High School Lunch	Total	2895														
QUESADILLA,Spicy, Chicken 2020	1 EACH	500	311	45	546	3.00	1.67	325.1	334	2.13	*1	16.97	29.7	13.55	6.33	*0.00
PROTEIN BOX MIDDLE SCHO	1 EACH	200	568	27	804	5.21	1.35	269.4	902	8.87	*16	17.63	46.84	37.41	9.42	*0.00
OL 2017																
Chicken,Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Chicken, teriyaki,Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
PIZZA,DOMINOS14"WGPep,slic	serving	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
e'24																
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO	serving	1100	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
LA 2024																
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Oct 21, 2024 thru Oct 25, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			803	59	1175	11642.	3.68	692.0	5046	41.98	*43	35.88	122.66	19.65	6.35	*0.03
% of Calories											*21.6%	17.9%	61.1%	22.0%	7.1%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Tue - 10/22/2024																
High School Lunch	Total	3199														
TURKEY SOFT TACO 2020	1 EACH	800	402	57	584	0.00	*4.68	*140.0	20	*0.0	*4	25.04	38.0	18.96	5.04	*0.00
Salad, TACO '22	1 each	200	739	91	1106	6.73	4.17	496.0	1787	9.91	*6	28.08	49.18	50.31	14.66	*0.00
Chicken, teriyaki, Fried R. 2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken, Tangerine Sec-'23	SERV	400	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	1100	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	775	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 21, 2024 thru Oct 25, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 10/3/2024 5:02:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			850	75	1153	3868.3	*4.43	*767.9	4992	*42.71	*50 *23.5%	40.22 18.9%	123.86 58.3%	22.36 23.7%	6.73 7.1%	*0.01 *0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Wed - 10/23/2024																
High School Lunch	Total	2895														
TACO Walkin, Beef, - '24	1.5 oz	500	493	33	791	4.43	2.32	75.2	798	6.32	*3	19.71	31.51	31.65	10.17	*0.00
Wrap, CRUNCHY CHICKEN '23	1 EACH	300	589	96	1346	8.54	3.05	477.4	6123	10.06	*7	29.52	50.04	31.96	10.28	*0.00
Chicken, teriyaki, Fried R.2017	serving	200	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Chicken, Tangerine Sec-'23	SERV	200	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
PIZZA, DOMINOS 14" WG Pep, slic e'24	serving	1100	260	15	520	4.00	1.80	300.0	500	6.0	3	16.0	34.0	7.0	3.00	0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1000	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
GARDEN SALAD-2014	1 EACH	1300	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Beans, Great North, Seas-'24	1/2 CUP	315	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibblets MS/HS	package	1000	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	1300	72	0	1	3.31	0.17	8.3	75	6.36	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES, Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	2000	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			801	63	1240	11643.	3.79	687.1	5197	70.40	*47 *23.5%	36.64 18.3%	117.08 58.4%	22.13 24.9%	6.86 7.7%	*0.03 *0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Oct 21, 2024 thru Oct 25, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 10/24/2024																
High School Lunch	Total	3195														
Chicken, Kung Pao, Yangs '24	700		127	44	363	0.00	5.22	0.0	500	8.4	5	14.0	11.0	3.0	1.00	0.00
POTATO FROZEN,FRNCH-2017	SERVING	700	80	0	27	0.67	0.48	0.0	0	0.0	0	1.33	13.33	2.33	0.33	0.00
Chef Salad 2017	1 EACH	500	502	134	975	4.26	1.60	195.6	1519	8.97	*19	18.01	47.66	28.54	7.37	*0.00
Chicken, teriyaki,Fried R.2017	serving	500	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
Chicken,Tangerine Sec-'23	SERV	500	296	45	575	3.51	2.89	0.0	65	0.0	13	16.45	39.32	8.78	2.52	0.00
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1000	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	100	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	150	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	1	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	150	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1195	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH#2-HS/MS	OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			748	83	1103	10548.	4.37	546.2	4855	40.92	*44	33.63	111.85	19.32	5.44	*0.03
% of Calories											*23.4%	18.0%	59.8%	23.2%	6.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Oct 21, 2024 thru Oct 25, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 10/25/2024																
High School Lunch	Total	2895														
Grinder, turkey&cheese-EI-'24	1 EACH	600	367	78	1049	3.00	2.45	248.1	175	0.0	3	34.54	32.68	12.7	3.97	0.16
Spicy Tuna Box 2024	1 each	500	383	50	818	5.71	4.46	163.9	3061	49.81	*13	32.49	44.48	11.55	3.53	*0.00
Chicken, teriyaki,Fried R.2017	serving	300	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	600	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1000	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
SLUSH, PARADISE PUNCH '23	container s, 4oz	100	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	150	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Beans, Great North, Seas-'24	1/2 CUP	215	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	550	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1895	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1250	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	10	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			781	68	1233	4858.3	4.90	678.5	3912	48.50	*42	41.98	121.28	17.59	5.53	*0.08
% of Calories											*21.5%	21.5%	62.1%	20.3%	6.4%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average			797	70	1181	8512.3	*4.24	*674.3	4801	*48.90	*45 *51.1%	37.67 18.9%	119.35 59.9%	20.21 22.8%	6.18 7.0%	*0.04 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	797		750 - 850	100%				
Cholesterol (mg)	70							
Sodium 1 (mg)	1181		1420	83%				
Sodium 1a (mg)	1181		1280	92%				
Fiber (g)	8512.31							
Iron (mg)	4.24				Missing			
Calcium (mg)	674.3				Missing			
Vitamin A (IU)	4801							
Sugars (g)	45	22.70%			Missing			
Vitamin C (mg)	48.90				Missing			
Protein (g)	37.67	18.92%						
Carbohydrate (g)	119.35	59.93%						
Total Fat (g)	20.21	22.83%	<=30.00%					
Saturated Fat (g)	6.18	6.98%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.04	0.04%			Missing			

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# Rialto Unified School District

Oct 28, 2024 thru Oct 31, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 10/28/2024																
High School Lunch	Total	3199														
Pull Apart Bread 2024	Serving	600	346	30	1059	2.38	11.36	277.8	898	13.54	*3	17.44	41.36	14.38	5.05	*0.00
Sauce, Marinara '22	Servings (4oz)	600	56	0	429	2.38	1.65	34.8	761	13.06	*2	2.45	12.39	0.4	0.05	*0.00
FRUIT SALAD,FRESH	1 CUP	200	84	0	4	2.14	0.26	19.7	334	46.05	*N/A*	0.86	21.27	0.4	0.07	*N/A*
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	1200	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			772	56	1205	3869.0	5.36	795.1	5484	52.49	*49	35.37	123.65	15.76	5.36	*0.03
% of Calories											*25.3%	18.3%	64.1%	18.4%	6.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Oct 28, 2024 thru Oct 31, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 10/3/2024 5:03:45 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 10/29/2024																
High School Lunch	Total	3199														
Penne, Alfredo, Chicken '23	3/4 CUP	800	203	79	411	6.29	1.47	108.8	86	1.73	*2	15.8	20.12	5.55	1.49	*0.04
BROCCOLI: fresh, boiled	serving	800	55	0	64	5.15	1.05	62.4	2415	101.24	2	3.71	11.2	0.64	0.12	0.00
Chicken, teriyaki, Fried R.2017	serving	600	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	300	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	400	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	1000	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	500	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	467	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	67	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	467	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	216	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	1100	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			762	73	1097	3871.0	3.62	755.0	6083	68.83	*50	37.05	119.69	15.08	4.82	*0.04
% of Calories											*26.0%	19.4%	62.8%	17.8%	5.7%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Oct 28, 2024 thru Oct 31, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 10/3/2024 5:03:45 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 10/30/2024																
High School Lunch	Total	2895														
ENCHILADA,SCRATCH,beef24ct '22	1 Ser(25 ct	800	247	48	390	1.40	1.22	231.1	564	1.58	*1	13.82	15.68	14.37	6.80	*0.17
SALAD,CHEF	1 EACH	200	549	172	1422	3.03	3.73	218.7	2224	27.19	*14	29.17	36.39	35.02	8.89	*0.00
Chicken, teriyaki,Fried R.2017	serving	500	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
Spicy Chicken Sandwich WG-2013	1 EACH	500	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	800	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	300	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	1000	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Beans, Great North, Seas-'24	1/2 CUP	500	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	1895	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			791	73	1315	11641.	3.80	642.0	6136	44.24	*43	34.85	117.99	21.43	6.90	*0.12
% of Calories											*22.0%	17.6%	59.7%	24.4%	7.9%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Rialto Unified School District

Oct 28, 2024 thru Oct 31, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Generated on: 10/3/2024 5:03:45 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 10/31/2024																
High School Lunch	Total	3195														
SANDWICH, CHX PARM '23	1 EACH	600	437	48	910	6.19	4.80	317.4	676	93.53	*4	29.73	48.7	14.45	5.03	*0.00
Chicken, teriyaki,Fried R.2017	serving	400	484	53	1028	5.74	2.87	74.6	5347	23.93	*16	23.63	66.3	13.8	2.43	*0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	1 EACH	600	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	600	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
CHEESEBURGER,W/ HIVE '23	1 EACH	500	285	14	870	4.12	2.39	248.2	2880	11.15	*11	11.74	42.94	10.05	3.69	*0.16
Burrito Chicken Grande 2017	1 each	500	445	54	708	10.87	3.99	360.0	186	1.58	*3	25.09	57.08	13.52	4.73	*0.00
YOGURT PARFAIT W/ GRANO LA 2024	serving	400	351	12	179	3.33	1.47	443.4	305	48.09	*5	14.24	65.41	4.7	2.15	*0.00
Peach Cup, Froz. 2017	1 each	600	53	0	11	1.25	0.37	6.3	336	3.74	12	0.5	13.99	0.0	0.00	0.00
Mixed Berry, Froz. 2019	1 each	600	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
APRICOT CUP	1 EACH	600	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Strawberry Cup, Froz. - 2017	1 each	500	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
Beans, Great North, Seas-'24	1/2 CUP	100	31	0	278	1.29	0.52	21.0	145	1.99	*0	1.87	5.79	0.14	0.03	*0.00
GARDEN SALAD-2014	1 EACH	750	17	0	6	1.03	0.34	14.1	1348	9.5	2	0.77	3.86	0.14	0.03	0.00
Potato Wedges, seasoned	SERVING	800	165	0	45	3.00	0.54	0.0	0	3.6	*N/A*	3.0	30.0	3.0	1.50	*N/A*
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Asian Pears, Fresh 2017	serving	1502	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	367	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh PKG '23	serving	367	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% HOLLANDIA 2017	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	2.4	14	11.0	16.0	2.5	1.50	0.00
MILK,NF Chocolate HOLL.2017	1 EACH	1195	110	2	135	0.00	0.72	250.0	500	0.0	18	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1000	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	3000	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
Tajin, Chamoy 2022	PKG	100	0	0	190	0.00	0.10	1.6	0	5.4	0	0.0	0.0	0.0	0.00	0.00
DRESSING, RANCH#2-HS/MS	OUNCE	100	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Tajin 2022	PKG	100	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Sauce, Taco, Tapatio 2017	1 each	100	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	100	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Weighted Daily Average			754	61	1146	10550.	4.37	639.6	4936	56.43	*45	35.30	115.28	19.34	6.44	*0.06
% of Calories											*23.9%	18.7%	61.1%	23.1%	7.7%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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# Rialto Unified School District

Oct 28, 2024 thru Oct 31, 2024

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 5

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average			770	66	1191	7483.1	4.29	707.9	5660	55.50	*47 *54.6%	35.64 18.5%	119.15 61.9%	17.90 20.9%	5.88 6.9%	*0.06 *0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	770		750 - 850	100%				
Cholesterol (mg)	66							
Sodium 1 (mg)	1191		1420	84%				
Sodium 1a (mg)	1191		1280	93%				
Fiber (g)	7483.19							
Iron (mg)	4.29							
Calcium (mg)	707.9							
Vitamin A (IU)	5660							
Sugars (g)	47	24.29%			Missing			
Vitamin C (mg)	55.50							
Protein (g)	35.64	18.52%						
Carbohydrate (g)	119.15	61.93%						
Total Fat (g)	17.90	20.94%	<=30.00%					
Saturated Fat (g)	5.88	6.88%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.06	0.07%			Missing			

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